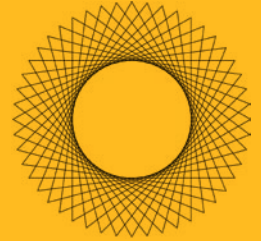


# Academy for the Studies of Science of Mind and Phenomena

in Dehra Dun, India



## **Tarabling** a Building Project

„Unity in Duality“ is based on Tendrel - the interrelated nature of all that exists.

The view of Tendrel originates in India as far back as Sakyamuni Buddha, app. 500 BC.

By the most famous Buddhist scholars Nargajuna (India) and Tsongkhapa (Tibet) the Tendrel view is seen as the Buddhist quintessential contribution to the world.

By extracting the universal aspects of the ancient „Inner Science of Mind and Phenomena“, based on the Tendrel view, Tarab Tulku Rinpoche's profound knowledge is expressed in „Unity in Duality“

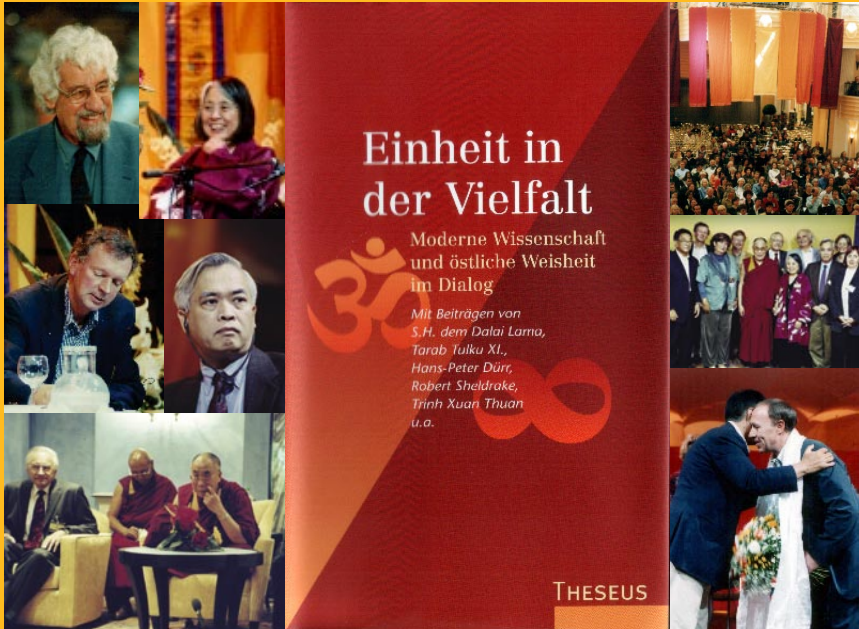
In the context of an everyday modern reality Tarab Tulku Rinpoche has made his insights available to humanity at large. Transcending the borders of culture and religious faith, – Unity in Duality at the same time complies with the findings of modern science.



Studies of Science of  
Mind and Phenomena

“Take part in a spiritual adventure that can change your view on science and the world”

From the foreword by Richard R. Ernst  
(Nobel prizewinner in Chemistry, 1991)



Hans-Peter Dürr, Jean Shinoda Bolen, Rupert Sheldrake, Trinh Xuan Thuan,  
Richard E. Ernst, His Holiness the Dalai Lama

In 2002 Tarab Tulku initiated and hosted the first Tendrel conference in Munich - an extraordinary meeting of western scientists and ancient eastern philosophy.

Next to studying and deepening the Tendrel view (the interrelated nature of all that exists), Tarab Ling will also be a platform for such meetings in the future.



བཀའ་བག

བཀའ་ཚོན་གྱི་པ་ཟམ་གྲོང་ཚོ་བཟང་བསྐྱན་འདོན།  
PROF. SAMDHONG RINPOCHE  
Kalon Tripa

KASHAG

**TO WHOM IT MAY CONCERN**

I am happy that the students of the late Tarab Rinpoche are going ahead to realize his vision of establishing the Tarab Ling Institute in India. I feel this is an important effort in the overall attempts by the Tibetan community in exile to preserve Tibet's unique and distinct spiritual and cultural heritage.


I feel the proposed Tarab Ling Institute will make a vital contribution to re-introducing new generations of Tibetans to the spiritual and cultural wealth of Tibet. The proposed Tarab Ling institute will also help in our efforts to create a better appreciation and deeper understanding of Tibetan Buddhism amongst non-Tibetan scholars and students.

Such attempts to revitalize Tibetan Buddhism outside Tibet is critically important, especially in view of the degeneration of Buddhism in Tibet itself.

For these reasons, any assistance provided in the realization of this important project would be greatly appreciated by the Kashag.

Dated: 20 January 2006  
Dharamsaia



  
Samdhong Rinpoche  
KALON TRIPA

“I was very touched by Tarab Tulku’s comment, that if we were to actually accept the implications of modern science and ancient eastern wisdom, our view of outer and inner world and our everyday life would change dramatically. Yes, this is what is necessary today and that is why I am here.”  
Prof. Dr. Hans-Peter Dürr

# the aims



The aim of this project is to support the survival of the ancient Tibetan wisdom and make it available for the young Tibetan and Indian generations.

His Holiness the Dalai Lama and the Tibetan Government in Exile are particularly happy that the Unity in Duality teaching developed by Tarab Tulku is now being made available

H.H.Dalai Lama and Tarab Tulku Rinpoche, Tendrel Conference, Munich



Lene Handberg and Tarab Tulku Rinpoche, Unity in Duality Training, at Sigonce

# the aims

Tarab Tulku Rinpoche, one of the most accomplished Tibetan scholars of recent times has unfolded a contemporary and comprehensive science of Mind and Phenomena, called

## Unity in Duality.

It enables modern people of today to make use of the essential and universal realizations embodied in the Buddhist tradition.

In 2004 Tarab Rinpoche passed away.

Lene Handberg, Educational Director and co-founder of Unity in Duality, is carrying on the work of Rinpoche at his request.

The Unity in Duality education has been successfully commenced in Dehra Dun and Sarnath, Varanasi 2005.



# architecture



## The Site

Nestling in the foothills of the Himalayas at an altitude of 800 meters and overlooking the riverbed of the Baldi Nadi, Tarabling is set in an area of outstanding natural beauty surrounded by State Forests and reserved farmland.

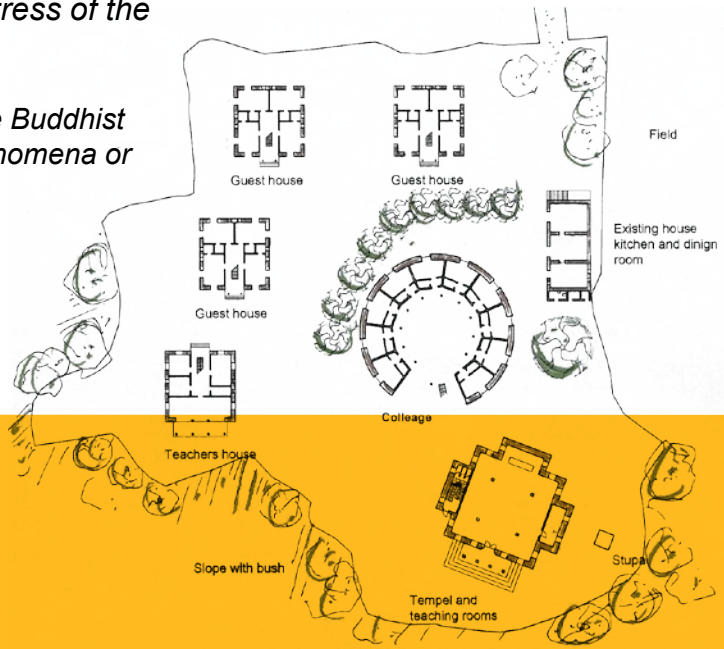
## The Project

Tarabling Institute will be built in traditional Himalayan style with slate roofs and whitewashed stone walls incorporating the present tree groupings in the layout of the garden.



*A sanctuary from the stress of the modern world.*

*All those interested in the Buddhist science of mind and phenomena or who just need to relax in beautiful surroundings or who would like to make a retreat are welcome at Tarabing in Dehra Dun.*



## The Buildings

- The main teaching hall, a 3 storied assembly- and teaching building.
- The College, a two-storied 20-room housing facility with a central court-yard formed along an existing crescent of trees.
- The guesthouses; three two-storied guest-houses with 8 separate small studio flats each.
- Teachers' house, a two-storied house with 3 flats to accommodate the teachers and the director.
- The kitchen and dining areas; the existing farmhouse will be rebuilt with the kitchen and dining facilities.
- Phase 2 of the project will incorporate facilities for traditional Tibetan medicine, ayurvedic cure, yoga and quarters for staff. This part of the project will be built on an adjacent piece of land.



# 3 ways how you

## **1 SPONSORSHIP I**

Sponsor € 6.000 for a Studio apartment.

30 square meters with bath and access to a balcony or the beautiful gardens.

The sponsor of a studio apartment will have the right of sole occupancy for one full month per year for 10 successive years.

## **2 SPONSORSHIP II**

Sponsor 10.000 € for the teaching hall.

There are 10 sponsorships available for students who want to invest in the Unity in Duality Education by sponsoring the Teaching Hall.

The sponsorship will grant free attendance in a month-long teaching period each year for five successive years.

### 3 DONATION

Make a tax-deductible donation to the Tarab Ling building project. If your donation exceeds € 1000 your name will be engraved on a sponsor plaque at your discretion.

can help us

Contributions can be made to the respective Tarab Institutes:

Tarab Institute Denmark  
St. Søhøj  
Hørsholm Kongevej 40  
Dk-2970 Hørsholm

Tarab Institut Deutschland e.V.  
Schimmelmannellee 14  
D-22043 Hamburg

Tarab Institute France  
Bât. A1 -6 rue Rochebrune  
F-93100 Montreuil

Tax-deductible contributions can only be made through the Tarab Institutes of Germany and France.



## Economics of project:

The total cost of the project is estimated at around € 989.000.

A detailed budget is available on request.

As of June 2006 approximately 1/4 of the cost has been covered as follows:

- € 80.000 in cash deposited in the State Bank in Dehra Dun
- € 130.000 in credit guaranteed by Tarab Ling Board members
- € 42.000 in sponsorships for studio flats

# The Tarabling Association in India

The Tarabling Association in India is responsible for the building project in close cooperation with the Tarab Institutes in Denmark, Germany and France, all of which are non-profit associations.

Morten Rolighed Jensen from Denmark is the architect in charge.

Tarabling Association  
St. Søhøj  
Hørsholm Kongevej 40  
Dk-2970 Hørsholm

Tel./Fax: ++45 45 76 00 44

## MEMBERS OF THE BOARD

Lene Handberg, Semrig Tablam Rabjam, Chairman.

Wangchuk Gyalpo, Director of IM in India, Vice Chairman.

N N Goel, Advocate to the Supreme Court, Delhi, Advocate to High Court Dehradun.

J M Singhal, Advocate to the Supreme Court, Delhi, Advocate to High Court Dehradun.

Kalsang Yeshe, Director of Norbu Lingkha institute of arts, former Minister of the Tibetan Government in Exile.

Rinchen Sadustsang, former Minister of the Tibetan Government in Exile.

P D Sham Tao, Retired Principal of Christian Retreat Society Center.

Tsering Dorje, Principal of Munselling School in Spiti, H P India.

Norbu Wangchuk, General Secretary/Director of Tarabling Association.



## Tarab Institute - Denmark

[info@tarab-institute.org](mailto:info@tarab-institute.org)

## Tarab Institute Germany

[info@tarab-institut.de](mailto:info@tarab-institut.de)

## Tarab Institute France

[tarab.institut@tiscali.fr](mailto:tarab.institut@tiscali.fr)

[www.tarab-institute.org](http://www.tarab-institute.org)

The project is highly recommended by  
His Holiness the Dalai Lama and the Tibetan Government in Exile.